



## Infrared And Traditional Sauna Products Experience Real Sauna Health



### TREAT YOURSELF TO HEALTHY INFRARED

Treat yourself to the relaxation and detoxification benefits of infrared technology which is now safer than ever. Our saunas have low electromagnetic radiation (EMR) and electrical field (EF) signatures. Levels far below tough radiation standards. And our exclusive MICA heating system makes sure every single part of you is warmed evenly – providing added comfort and true full body detoxification without the worry of excessive exposure to radiation.



## SWEAT YOUR WAY TO HEALTH

Many customers are curious about the health benefits of using a sauna. The heat of an infrared sauna can help relieve stress and heat therapy loosens muscles and relaxes the body. Heat also reduces body pain by increasing circulation. Saunas will also increase your rate of perspiration, which reduces excess moisture, salt, toxins and subcutaneous fat. The heat during a 15-20 minute infrared sauna session increases your heart rate by 50-75%. This provides the same metabolic result as physical exercise! So what are you waiting for?



### WHY INFRARED BATHING?

- \*Body-friendly.** Infrared bathing is a safe and comfortable way to detoxify and relieve aches, pains and stress.
- \*Time-friendly.** There's no waiting for an infrared sauna to heat up, so you can easily enjoy its benefits anytime.
- \*Planet-friendly.** Even with daily use, infrared technology uses as little or less electricity than many other common household appliances.
- \*Family-friendly.** Infrared saunas are safe and easy to use for kids and adults alike. It's an excellent investment in your family's health.

## WHAT MAKES OUR SAUNAS SPECIAL?

### HEALTHY INFRARED

All infrared delivery systems produce EMR and EF to some extent. While the levels are typically low, it is still not clearly understood what the long term effects of low exposure might mean. Our technology was developed to take the worry out of exposure to EMR and EF. For instance, the electrical field is less than you'd experience from a computer screen or cell phone. After all, if the point is to detoxify, why expose yourself to any level of unnecessary radiation?

### BETTER FOR ALL

Our saunas heat quickly and efficiently with touchscreen control. The sauna also heats up near instantly to your set comfort level while using up to 20% less energy than other systems. That means lower energy are used to provide the safest comforting infrared heat bathing experience.

### FULL BODY HEAT

The exclusive heating system includes heating panels that ensure infrared saunas warm every part of your body evenly—as well as a heat redistribution system that spreads heat more evenly throughout the sauna. With us there are no “cold spots” from heat you are bathed evenly in the safest infrared available from every angle, floor to ceiling.



### MUSIC TO YOUR EARS

Every sauna model includes a touch-screen-operated sound system that provides crystal clear pleasure from your favorite MP3 or the radio. The interior finishing is even less cluttered—adding another touch of comfort to your daily detox.

### EASY ON THE EYES

Our saunas include multi color lighting systems with soft therapy lighting, ceiling reading light and color light therapy. This allows you to relax in the soft lightening. Use color to create an energizing ambiance, or simply enjoy your favorite magazine or book without straining.

### LOWER EMF-EF

Simply put, our infrared sauna system minimizes your exposure to EMR and EF better than others. Our exclusive technology means our saunas produce less EMR and EF than most of the competition. Safe + reliable - this is the key.

## HEALTHY INFRARED FOR ALL

Whatever your taste, budget or space challenge, there is a TRINITY SAUNA for you. Regardless of layout, model, our saunas have a modern aesthetic with full glass fronts and include multi touchscreen control systems that make heat, light and sound adjustments simple. Your sauna is delivered ready for easy assembly and powered from a household outlet-just plug it in and you are ready to relax and detox in the comfort of your own home.

### STANDARD FEATURES ON TRINITY SAUNAS:

- The low EMF-EF infrared bathing system that guarantees a safe environment
- Exclusive technology which warms up quickly and evenly with no "cold" spots
- Full glass fronts and tempered, top quality safety glass doors
- Fully certified to CETL (US/CAN) safety standards for worry-free living
- Finishing in clear Canadian Hemlock is standard – cedar upgrades available at additional costs and require 8 weeks
- 2 year warranty (except radio which is 1 year) – this covers regular residential use only indoors
- Prefabricated panels for fast assembly with no tools so you can enjoy the full detox and relaxation benefits of your sauna within an hour of delivery



## HEALTH BENEFITS OF SAUNAS

Saunas are known worldwide for providing an overall feeling of well-being helping us to relax, and revitalize our mind and body. As a natural reaction to the heat, surface blood vessels will expand, bringing a large flow of blood to the skin. The hot skin will warm the blood quickly, carrying the heat deeper into the body. This process can be therapeutic and provide improvement with the following health conditions:

 <p>Chronic Pain &amp; Muscle Spasms</p>	 <p>Acne &amp; Skin Tone</p>
 <p>Varicose &amp; Spider Veins</p>	 <p>Arthritis &amp; Musculoskeletal</p>
 <p>Cellulite &amp; Weight</p>	 <p>Blood Circular &amp; Pressure</p>
 <p>Injury &amp; Scars</p>	 <p>Detoxification &amp; Viruses</p>
 <p>Precursor to Exercise</p>	 <p>Indigestion</p>



Through the perspiration process, acid and waste residue are removed from the blood, actually increasing the capabilities of the kidneys to filter out impurities. After several trips into the sauna, pores that have not been open for years may open up clearing old cosmetics, blackheads and acne-producing bacteria. Dead skin cells will loosen up and can be scrubbed off later. Adolescents will enjoy the effects of the sauna in keeping their skin cleaner and clearer. Adults will enjoy a fresher, healthier and more youthful appearance.

With improved circulation (not actual blood pressure, just flow), muscles can be quickly cleared of excess lactic acid that builds up during strenuous exercise. Athletes often use the sauna to relax their tired and sore muscles and to reduce stiffness in joints. The increased blood circulation (hyperemia) also promotes the healing of skin cuts as the increased blood supply will bring a greater supply of red and white blood cells to promote healing.

Sauna heat can ease muscular and nervous tension in muscles and joints which explains its great popularity as a general relaxant. It also helps to improve poor circulation, tension headaches, back aches, colds, sinus congestion, arthritis, rheumatism and minor respiratory ailments. Relaxation helps you sleep better.

## WHAT IS IR HEAT?

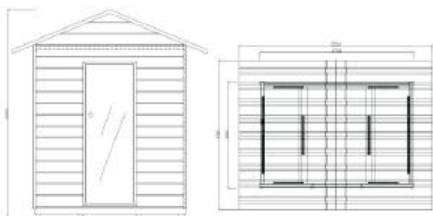
Infrared light (experienced as heat) is the invisible part of the sun's spectrum with the ability to penetrate human tissue to produce a host of health benefits. It is naturally occurring from the sun and is the basis for all Trinity™ saunas. Because infrared sauna therapy heats the body directly rather than simply warming the air, it raises the core body temperature and produces a deep, detoxifying sweat at the cellular level, where most toxins reside. Far infrared also aids in blood pressure reduction & weight loss, burning up to 400 calories in one 40 minute session.



## EXTERIOR TRADITIONAL AND IR SAUNAS

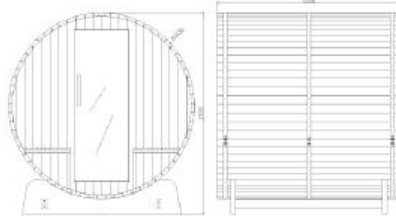
### TR648

6\*4\*8 | 4 person-20AMP  
Plug and Play model



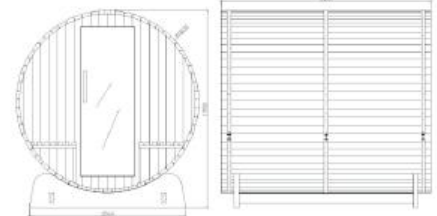
### TR4515

4.5+1.5 | 4 person  
waterproof for outdoors



### TR5515

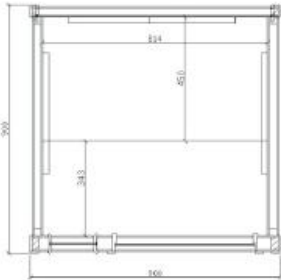
5.5+1.5 | 6 person  
waterproof for outdoors



# INFRARED CLASSIC COLLECTION

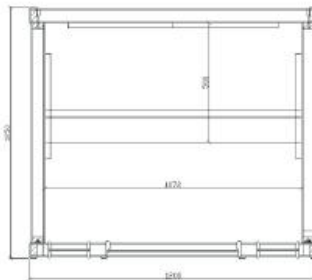
**1009**

**1 person – 15 amp**  
**35.4\*35.4\*76.3"**



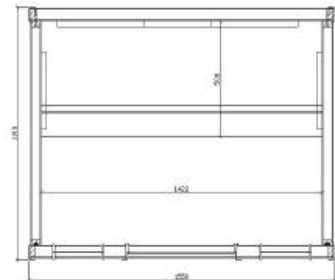
**2009**

**2 person – 15 amp**  
**47.2\*41.3\*76.3"**



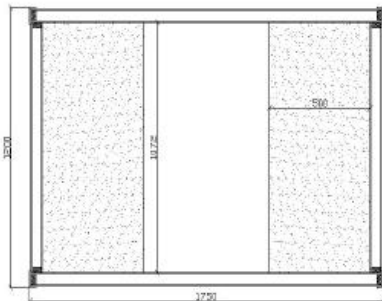
**3009**

**3 person – 15 amp**  
**61\*43.3\*76.3"**



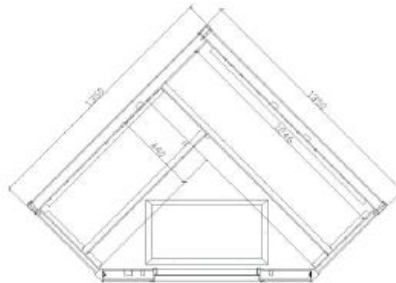
**4009**

**4 person – 20 amp**  
**68.9\*47.2\*76.3"**



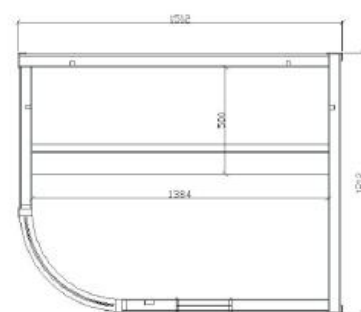
**5009C**

**3 person corner – 15 amp**  
**53.2\*53.2\*76.3"**



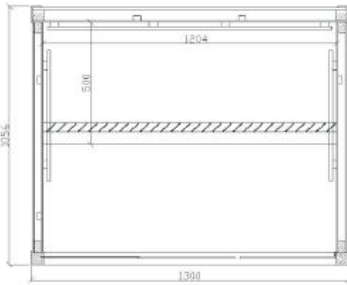
**8009 Combo**

**3 person – IR 15 amp**  
**59.06\*43.31\*81.1"**  
**\*Sauna heater req'd. – sold sep.**

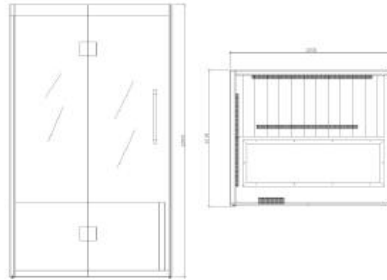


# EURO STYLE COLLECTION

**2209 E/S**  
3 person – 15 amp  
51.2\*41.6\*74.8"



**6009**  
2-3 person-15amp  
52\*41.6\*74.8"



**6009C**  
2-3 person -15 amp  
53.2\*53.2\*76.4"

